

Group Fitness Energized pro6+™



Power Plate® pro6+™ brings the effectiveness of whole-body vibration training into a group exercise experience. As group fitness continues to evolve, the Power Plate pro6+ provides your members with a new approach to training. The interactive 4.3" touch screen monitor is specifically designed for easy-to-follow use in instructor led classes. The embedded proMotion cables allow for enhanced upper body work and an unbeatable total body workout.



Power Plate® pro6+™ Technical Specifications

Color (Standard)	Silver
Frequency	30-39Hz
Amplitude	Low or High
Vibration Settings	0-8
DualSync™ Twin Motor System	Maintains precise balance at any frequency and amplitude level, allowing perfect synchronization of vibration for maximum muscle response and efficiency
Time Selections	30, 45 or 60 seconds /up to 9 minutes
Total Dimensions (W x D x H)	96cm x 116cm x 152cm / 38in x 46in x 60in
Platform Dimensions (W x D x H)	96cm x 94.5cm x 30cm / 38in x 37in x 12in
Weight	402.4 lb / 182.5 kg
Power Supply	100-240 VAC, 50/60 Hz, Nominal Power: 160-265VA, Universal Voltage
Maximum Load	500 lb / 227 kg
Operating System	Windows CE 6.0 Professional
proMotion™ Dynamic Vibration Technology	three-position tension adjustment; embedded with modular attachment option
Stabilization System	Advanced stabilization and compensation system
Upper Display	4.3in LCD Display (480 X 272 dpi)
USB Port/Hub	USB 1.0 Internal service port
Audio	1 recessed speaker with volume control
Certifications	MDD, CE and EMC (TUV certified); RoHS/WEEE compliant, NRTL, C-NRTL, FDA Listed as Class 1 device, 510k exempt

Performance Health Systems

401 Huehl Rd., Suite 2A
Northbrook, IL 60062
(877) 877-5283 | info@powerplate.com

Performance Health Systems UK Ltd.

+44 (0) 20 7317 5000