

LST

FREE BAR SAFETY CATCHES

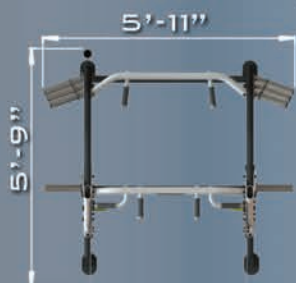
FREE BAR RACKING
EVERY FIVE INCHES

CHIN UP/DIP STATIONS

OLYMPIC BAR
STORAGE HOLDER

SMITH BAR RACKING
EVERY 3 INCHES

INTEGRATED WEIGHT HOLDERS



HEIGHT : 7'-0"
WEIGHT : 413 LBS

LINK SMITH TRAINER

LINK
SMITH TRAINER

**OPTIONAL FZ-6 F.I.D. BENCH IS THE PERFECT
COMPLEMENT TO THE LINK SMITH TRAINER.*