TRUE

STRENGTH

QUICKFIT

Featuring modern styling, premium aesthetics, and high quality commercial construction, the Quickfit by TRUE Fitness is a compact and space-efficient solution that provides unlimited exercise possibilities within the

convenience of your home.



Muscles: Latissimus Dorsi, I **SEATED ROW**

Color coded procedure label includes beginning and ending positions and access to instructional videos for 19 exercises broken into 6 categories: Legs, Chest & Back, Shoulders, Arms, Core, and Sports Specific.

Unique sliding seat design and row handle attachment convert Quickfit into an indoor rower for maximum aerobic and anaerobic conditioning.

Unique fold-up feature reduces footprint for storage purposes.



TARGETS ALL MAJOR MUSCLE GROUPS IN ONE MACHINE

LEGS • CHEST & BACK • SHOULDERS • ARMS • CORE IMPROVES PERFORMANCE • BUILDS STRENGTH • ENHANCES CONDITIONING



QUICKFIT

SKU: SM2000

FEATURES

- · Single tower design allows Quickfit to fit perfectly into any corner
- Unique fold-up feature reduces footprint for storage purposes
- 6 engagement points offer wide range of Traditional, Sports Specific, and Functional Training exercise choices
- Adjustable seat, pivoting back pad, and dual rubber-coated foot placements offer support as needed for upper body push and pull exercises
- Unique sliding seat design and row handle attachment convert Quickfit into an indoor rower for maximum aerobic and anaerobic conditioning
- Color coded procedure label includes beginning and ending positions for 19 exercises broken into 6 categories: Legs, Chest & Back, Shoulders, Arms, Core, and Sports Specific
- · QR code linked to online instructional videos clearly demonstrating a wide range of exercises

ACCESSORIES

Included: (4) Standard Nylon D Handles, (2) Long Nylon D Handles, (1) Revolving Knurled Row Handle, (1) Thigh Strap

WEIGHT STACK OPTIONS

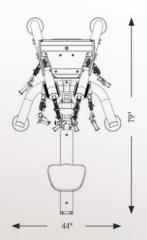
Standard Weight Stack: 170 lbs (77 kg) Heavy Weight Stack: 210 lbs (95 kg)

PRODUCT WEIGHT

Standard Weight Stack: 554 lbs (252 kg) Heavy Weight Stack: 594 lbs (270 kg)

FLOOR LOADING

Standard Weight Stack: 33 lb/ft2 (163 kg/m2) Heavy Weight Stack: 35 lb/ft2 (171 kg/m2)



PRODUCT DIMENSIONS

79" L x 44" W x 83" H (201 x 112 x 212cm) 67" L x 44" W x 83" H (170 x 112 x 212cm) Stored dimensions

WARRANTY

TEN YEAR WARRANTY COMMERCIAL PRODUCTS - Frame Components and Welds excluding coatings

FIVE YEAR WARRANTY - Bronze Bushings, Sealed Rotating Bearings, Pulleys, Weight Plates and Guide Rods excluding Coatings

ONE YEAR WARRANTY - Cables, Linear Bearings and Shafts and all other Components not mentioned elsewhere in this warranty

90-DAY WARRANTY - Normal wear parts including but not limited to Labels, Upholstered Pads and Grips

ONE YEAR WARRANTY - Labor

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.









