

CASCADE

HEALTH & FITNESS®

CASCADE AIR ROWER MAG

Smooth and a great workout, our new Cascade Air Rower Mag combines all the features of our original magnetic rower with the added benefit of progressive air resistance. Easy to read console offers 8 exercise programs with 16 levels of magnetic resistance and heart rate tracking with a swing away design for enhanced viewing. Rolls easily with a standup option for storage.



CASCADE AIR ROWER MAG - KEY PRODUCT FEATURES



Fan Combines Air And Magnetic Resistance

Adding air resistance gives more workout options.



Stand Up Option For Storage

Stands up easily on end for convenient storage.



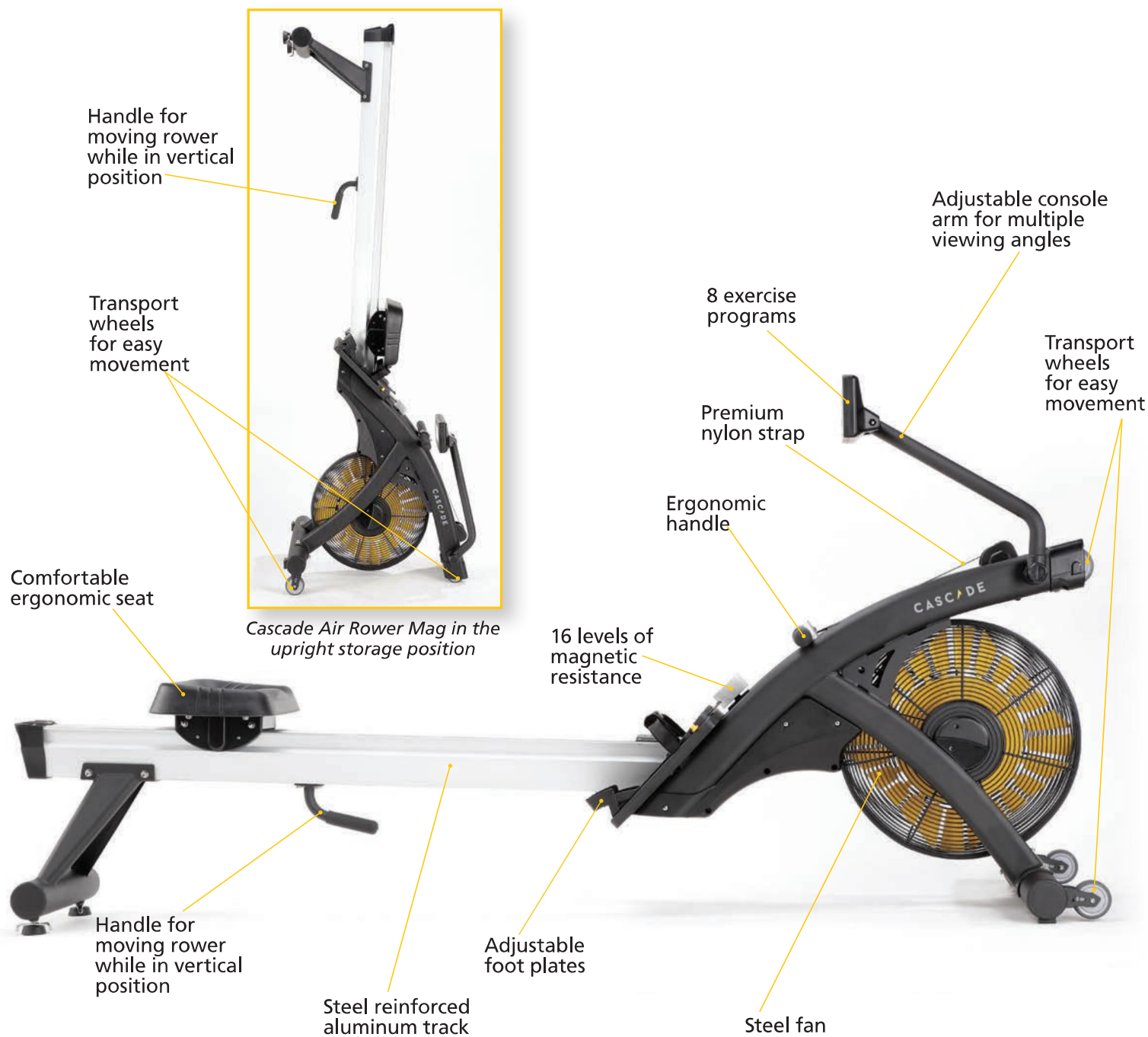
Comfortable Ergonomic Seat

The contoured ergonomic seat is comfortable to sit on during short or long workouts and glides smoothly.



8 Exercise Programs

8 workout programs – exercise feedback includes watts, calories, time, time/500m, distance, strokes/min and HR.



Cascade Air Rower Mag in the upright storage position

KEY BENEFITS

- Commercial quality
- Smooth, quiet and a great workout
- Adds progressive air resistance for more workout options
- Rolls easily

SPECIFICATIONS

Length	85.8 in (218 cm)
Height	28.5 in (72 cm)
Width	24.2 in (61 cm)
Weight	109 lbs (49 kg)
Max User Weight	350 lbs (159 kg)
Shipping Weight	128 lbs (58 kg)

WARRANTY

Frame	Lifetime
Parts	5 years
Wearables	2 years
Electronics	2 years
Labor	1 year